

6A REGIONALS

Regional #2

Friday, May 21, 2010

Location: Blue Valley High School

Rules: This meet is sanctioned by the state and will be run according to the rules of the KSHSAA.

Teams: Blue Valley West (**Co-Host**), Blue Valley (**Co-Host**), Blue Valley North, Blue Valley Northwest, Shawnee Mission East, Shawnee Mission North, Shawnee Mission South, Shawnee Mission West

Starting Times: **3:30** – Field events/**4:30** – Prelims/**6:00** – Finals

Scratches: Scratches will be made at the scratch meeting, held at the finish line at **3:00**. Scratches for field events will be made at the site of the field event. If you need to scratch an athlete during the Finals, make sure you do so at least **one hour** before that event. **REMINDER – SCRATCHES ONLY, NO CHANGES/SUBS/ADDS!!**

Implement Weigh-in: All implements must be weighed in prior to competition. Weigh-ins will begin at **2:30**. The weigh-in will take place in the storage garage located at the South end of the track (press box side).

State Qualifiers: The top **4** in each event qualify for the State Championships.
REMINDER – Turn in Forms TF-6 and TF-7 before you leave!!
(These forms only apply to qualifying relays)

Scoring: 10-8-6-4-2-1

Awards: Medals will be given to the top 4 places in each event. (Duplicate medals will be given in case of ties.) Plaques will be awarded to the Regional champion, as well as the runner-up.

Starter: Carl Owczarzak

Team Seating: Teams are required to use the **East** side for their team camps. We are trying to keep the **West** bleachers open for spectators (especially the **south** end), since the common finish line is located in the southwest corner of the track.

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Event Schedule

Field Events (3:30)

Boys Shot Put (Girls to follow)
Girls Discus (Boys to follow)
Boys Javelin (Girls to follow)
Girls High Jump (Boys to follow)
Boys Pole Vault (Girls to follow)
Girls Long Jump (Boys to follow)
Boys Triple Jump (Girls to follow)

Prelims (4:30)

Girls 100m Hurdles
 Boys 110m Hurdles
Girls 100m
 Boys 100m
Girls 200m
 Boys 200m

Finals (6:00)

Girls 3200m Relay
 Boys 3200m Relay
Girls 100m Hurdles
 Boys 110m Hurdles
Girls 100m
 Boys 100m
Girls 1600m
 Boys 1600m
Girls 400m Relay
 Boys 400m Relay
Girls 400m
 Boys 400m
Girls 300m Hurdles
 Boys 300m Hurdles
Girls 800m
 Boys 800m
Girls 200m
 Boys 200m
Girls 3200m
 Boys 3200m
Girls 1600m Relay
 Boys 1600m Relay